

**Applications  
Closed!**

## **Online Course on Sexuality and Sexual and Reproductive Health and Rights**

**Fall 2015**

**Applications **Closed!****



### **Why a course on Sexuality and SRHR**

Sexuality and Sexual and Reproductive Health and Rights are central aspects of people's lives, yet a gap exists in accessing accurate information and services regarding these matters. Due to the sensitive and taboo nature of the topic, there is silence around issues like consent, violence and abuse, body image, disability and sexuality, gender norms and roles, etc.

### **Why an 'online' course**

An online course is suited to distance learning and is flexible. It is self-paced and aimed at individual personalised learning. The course can be accessed from anywhere with an internet connection which makes it a convenient and cost-effective learning tool.

### **TARSHI's eLearning Course**

TARSHI's web-based [eLearning course](#) uses electronic media and Information and Communication Technologies (ICT) to promote education via e-readings, external video links, and virtual interactive sessions. It has been designed to provide important information relating to sexual and reproductive health and rights (SRHR) from a **rights-based, affirmative and pleasure-affirming** perspective. The course has been adapted from TARSHI's '[Basics and Beyond Training Manual](#)' by a team of experts.

### **Why do the Online Course**

This course aims to equip learners with information and conceptual clarity in the field of sexuality, sexual and reproductive health and rights. Be it students or professionals, an exposure to various topics like safer sex, reproduction, pleasure, sexual and gender identities, contraception, sexuality and power, disability and sexuality, abortion etc. from a rights based approach goes a long way to help learners better understand, critically analyse and develop skills to address sexuality related issues in their current and/or future professional lives. The course also provides a space for self-reflection and values-clarification.

### **Who is this course for**

This course is recommended for SRHR practitioners, service providers, trainers as well as students and teachers of social work and social sciences. It has been and can be used by people interested in issues of gender and sexuality and are looking for a platform to learn these concepts critically and develop skills to work with SRHR and issues related to sexuality in various professional settings.

### **Building a community of SRHR advocates and practitioners across South Asia**

The Online Course will have an added interactive component where learners will have the opportunity to discuss the course topics in a Facebook closed group, and will also have sessions moderated by TARSHI after completion of each Module. This will give learners an opportunity to discuss their thoughts, learning and challenges with

others doing the course and with TARSHI resource persons in order to enhance their learning experience.

### **About the previous (Spring 2015) course**

We received an overwhelming response from all over the world for the Spring Course which was launched in February 2015. Eventually, 22 people from countries like Bangladesh, India, Italy, Jordan, Nepal, Netherlands, Philippines, Singapore and Sweden successfully completed the course and were awarded with certificates. Learners included researchers, students, trainers, development professionals, grant makers, health professionals and corporate sector workers.

Analysis of learners' responses displayed a deepening of understanding around sexuality and sexual and reproductive health and rights. A shift in perspective could be seen on issues related to rights of marginalised communities such as sex workers, people living with HIV and people living with disabilities. Learners appreciated the videos, examples and illustrations on various issues related to SRHR which were provided throughout the course. They were appreciative of the quality of discussions on the closed Facebook group forum and we hope to invite some of the previous participants to engage with the Fall course participants and enrich the experience for all concerned.

### **Timeline**

The online course being offered is a time-bound announced certificate course being held **from October 1 to November 20, 2015**

### **Certification**

Learner responses will be analysed to gauge the level of engagement with the topics, and the level of understanding of sexuality and SRH from a rights-based perspective. After a qualitative analysis of responses by experts in the field of SRHR, eCertificates of Participation or of Excellence will be awarded.

### **Course fee**

The **Online Course on Sexuality and Sexual and Reproductive Health and Rights, 2015** is being offered for a special fee of:

INR 3000\* for those from India and South Asia

USD 275\*<sup>1</sup> for those from other countries

The payment details for the learners will be sent to them once they pre-register.

### **Course Structure**

The eLearning course is in English and comprises of six modules that include the basics on issues related to sex, gender, sexuality, human rights, etc. to information about sexual and reproductive health and rights as well as discussions around sexual and gender identities, disability and sexuality, power, consent and sexual violence in the society. There is a module at the end of the course designed for trainers and contains various ideas and exercises on how to conduct and lead an effective workshop or training programme on the topics discussed through the course.

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\*Additional Bank Charges may apply.

The six modules comprise of individual exercises that incorporate text-based information as well as multimedia and external links to relevant academic studies, newspaper articles as well as websites that help to strengthen the understanding and capacity building of organisations, individual practitioners and students. By making use of videos, case studies, handouts and other resources, the eLearning content aims to help learners reflect on their professional experiences in an interactive manner.

The course participants are invited to join a closed group on Facebook in order to interact with one another and the organisers during the course.

### **About the Course organisers**

TARSHI is an NGO based in New Delhi, India that believes that all people have the right to sexual well-being and to a self-affirming and enjoyable sexuality. TARSHI supports and enables people's control and agency over their sexual and reproductive health and well being through information dissemination, knowledge and perspective building, within a human rights framework. We approach issues of sexuality from an affirmative, rights-based perspective and have conducted various [trainings](#), [consultancies](#) and [institutes](#) since 1996 in the South and Southeast Asia region. Find out more about our work [here](#).